How to Measure Your Ring Size Using a String

Step 1

Cut a piece of string at least 3 inches long (or a strip pf paper)







Step 2

Wrap it around your finger at the base of the knuckle or use a pen to mark where the two ends overlap



Step 3

Lay the string (or paper strip) flat and use a ruler to measure the length in millimeters







Circumference

| size | mm | inches |
|------|------|--------|
| 3 | 44.2 | 1.74 |
| 3.5 | 45.5 | 1.79 |
| 4 | 46.8 | 1.84 |
| 4.5 | 48 | 1.89 |
| 5 | 49.3 | 1.94 |
| 5.5 | 50.6 | 1.99 |
| 6 | 51.9 | 2.04 |
| 6.5 | 53.1 | 2.09 |
| 7 | 54.4 | 2.14 |
| 7.5 | 55.7 | 1.19 |
| 8 | 57 | 2.24 |
| 8.5 | 58.3 | 2.29 |
| 9 | 59.5 | 2.34 |
| 9.5 | 60.8 | 2.39 |
| 10 | 62.1 | 2.44 |
| 10.5 | 63.4 | 2.49 |
| 11 | 64.4 | 2.54 |
| 11.5 | 65.9 | 2.59 |
| 12 | 66.6 | 2.65 |
| 12.5 | 68.5 | 2.70 |
| 13 | 69.7 | 2.75 |
| 13.5 | 71 | 2.80 |
| 14 | 72.3 | 2.85 |
| 14.5 | 73.6 | 2.90 |

How to Measure Your Ring Using Our Printable Ring Sizer

Step 1

Cut out the strip and cut a slit along the dotted line.



Step 2

Wrap the ring sizer, numbers facing outward, in a circle and slide the smaller end through the slit.



Step 3

Slip the paper band onto your finger and pull the tab until it fits snugly.



Step 4

The number that shows up next to the arrow is your ring size.



Size: 5.5



Size: 6



